Midwest Genetics Network
Region 4

FAMILY HEART FOUNDATION
Lipoprotein(a) & Familial Hypercholesterolemia

"Addressing Familial Hypercholesterolemia" Continuing Education Project

Resources & Supporting Information

This document has been developed to support MGN's "Addressing Familial Hypercholesterolemia" Education Project. If you have questions about this document or the education project, please visit the MGN webpage (https://midwestgenetics.org/learners-corner/addressing-familial-hypercholesterolemia/) or email the MGN team at educationcshp@mphi.org.

The Family Heart Foundation's "Find a Specialist" Webpage
https://familyheart.org/find-specialist
This webpage will allow you to enter your location and find a FH specialist through the Family Heart Foundation's specialist network. The network includes lipid specialists, preventive cardiologists, endocrinologists, pediatricians, nurse practitioners, physician assistants, and genetic counselors.

The Family Heart Foundation's "Care Navigation Center" Webpage
https://familyheart.org/care-navigation-center
The Care Navigation Center webpage will connect you to an FH expert. The navigators can help you find a health care provider near you, learn about treatment options, navigate health insurance, find ways to lower the cost of treatment, connect with others living with FH or high lipoprotein(a) (Lp(a)), and share information with family members.

The Family Heart Foundation's "How to Treat Familial Hypercholesterolemia" Webpage
https://familyheart.org/fh-treatments
When diagnosed with FH, it can be overwhelming and scary but there are many treatments available. This webpage tells you what to expect in terms of treatment and provides subsections for each medication that can help treat FH. The subsections include Statins, Ezetimibe, Bile Acid Sequestrants, PCSK9 Inhibitors, Bempedoic Acid, Lipoprotein Apheresis, Evinacumab, and Lomitapide.

Center for Disease Control and Prevention's "Genetic Testing for Familial Hypercholesterolemia" Webpage
https://www.cdc.gov/genomics/disease/fh/testing_FH.htm
This webpage introduces genetic testing for FH and gives background on the mutations that can cause FH. It includes subpages for no known FH-causing mutation diagnoses and known FH-causing mutation diagnoses.