

Normal Results:

Blood Spot Screen Results Notification

Your baby had NORMAL newborn blood spot screening results.

The newborn blood spot screen was normal (also known as 'negative' or 'in-range') for the disorders on the <insert state's newborn screening panel link>. This means that **your baby is at low-risk** for having one of these conditions.

This sheet will help explain what newborn blood spot screening is and what it means for your baby to have normal screening results.

What is Newborn Blood Spot Screening?

Newborn blood spot screening is done by taking a few drops of blood from your baby's heel when your baby is between 24 and 48 hours of age. Sometimes this test is called the "heel stick" or the "24-hour test." These drops of blood are sent to the Minnesota Newborn Screening Program to be screened for over 55 conditions.



Why is this screening important?

Newborn blood spot screening helps find babies at risk for certain serious disorders, so treatment can be started right away. These conditions can be found in any family - even families without a family history of these conditions. In most cases, these babies look healthy at birth, so newborn screening is often the only way to tell whether a baby is at risk.

What happens next?

Your baby's results show that your baby is at low-risk, **so no more testing is needed**. But, if you have any more questions about newborn screening, follow-up with your baby's healthcare provider.

Could my child have a disorder on the panel, but have a normal result?

Yes, but this is very unlikely. Because newborn screening is not a diagnostic test, a child with a condition on the screening panel may not be identified by screening (this is known as a "false negative" result). While newborn screening looks for serious, treatable conditions, it does not test for all health problems. Further testing should be done if your child shows any health problems even if the newborn screening results were normal.

You know your child best - if you have any health concerns, it is important to contact your baby's healthcare provider right away.

Resources

Baby's First Test: <https://www.babysfirsttest.org/>